

FILL MY CUP WITH LIVING WATER, LORD



OBJECTIVE: Women will be encouraged to trust that God will provide living water to “fill their cup” during difficult times.

SCRIPTURAL EMPHASIS: Ps. 16:5 “Lord, you have assigned me my portion and my cup; you have made my lot secure.”

DECORATIONS: Carry out a country kitchen theme with red or blue checked tablecloths and country kitchen accents. Make sure each table has a coffee pot and someone designated as hostess to pour/refill cups as needed. Have ladies bring in a favorite cup to use. Other decorations could include baskets, creamer/sugar, salt/pepper, scripture verse holders, etc.

FAVOR: Purchase individually packaged coffee packets. Run off the enclosed coffee cup graphic onto heavy-weight paper. Cut a slit along the lip of the cup and insert the packet, taping it in place. Fold the card so the cup is on the front. When the card is opened one can read the quote, “When I am steeped in difficulty, God pours out His grace to make a flavorful brew!” Use colored paper or color the cup.

SPECIAL MUSIC: Kitchen band (wear aprons!) performing a jazzed up version of “Tis So Sweet to Trust in Jesus.” See attached instructions on how to form a pot band. Praise and worship ideas: “All in All,” “It is Well With My Soul,” “He is Able,” “You Are My Hiding Place,” “Pour My Love on You.”

MIXER: During brunch sharing: A time of trusting God (keeping in mind discreetness and good taste), favorite coffee story, why their cup is special.

PROGRAM HIGHLIGHT: Devotional emphasis on trust and God’s provision during adversity. Your speaker could share out of her own experience or use concepts gleaned from such books as Fresh Brewed Life by Nicole Johnson or Calm My Anxious Heart by Linda Dillow.



MENU: Consider switching your schedule by eating first and staying in the fellowship hall for the program. Bring in brunch items such as egg casserole, sweet breads, rolls, fruit, quiche, various coffees, tea, and juice.

TIP: To use any graphic in this program, right click on it, select copy, and then paste it (and resize) wherever you want!!!

Is your life a grind?
Get a fresh brew!



Protestant Women of the Chapel
invites you to

Bring your favorite cup and come to a
PWOC potluck brunch and monthly program

Fill My Cup With Living Water, Lord

Date & Time

Place

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How to use the favor.

Print out the favor cards. Consider using colored card stock or paper.

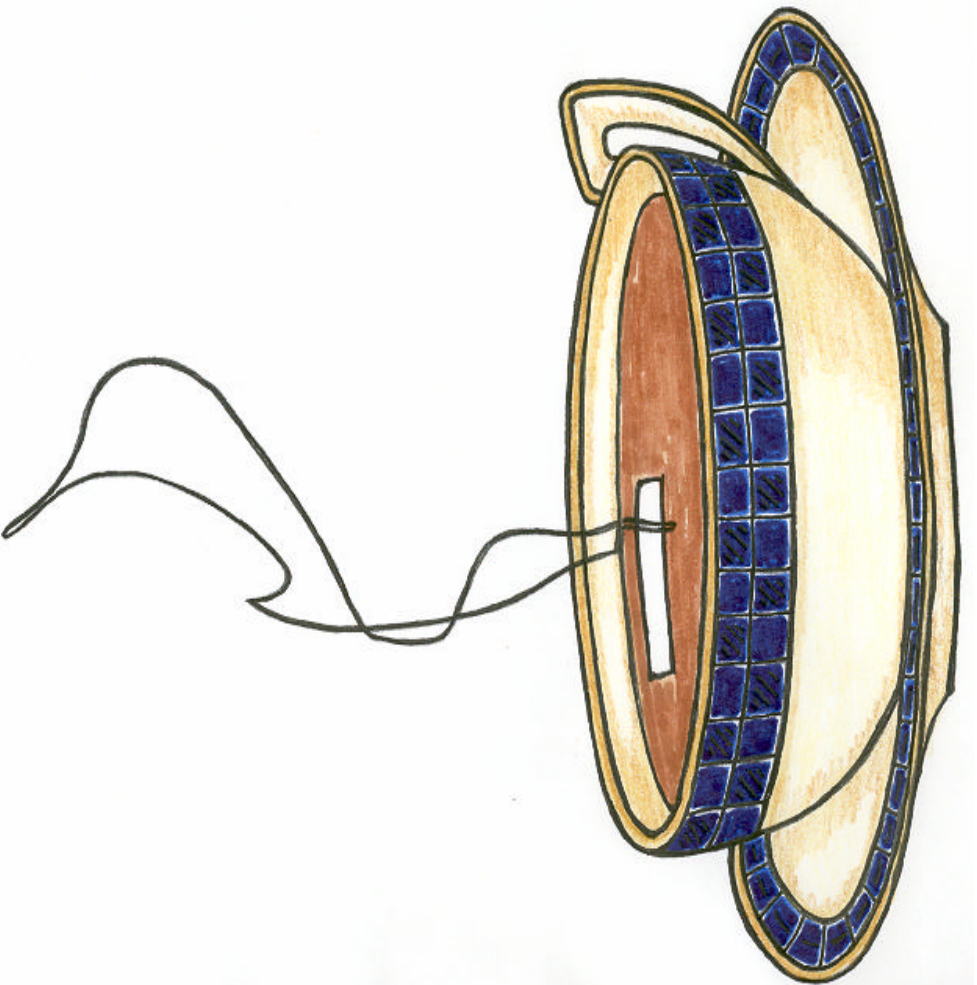
Cut a slit in the black part of the coffee *before* you fold the card.

Fold the cards.

Insert a packaged tea or coffee in the slit.

Inside, behind the coffee cup, tape the package to keep the package in place.





When I am steeped in
difficulty, God pours
out His grace to make
a flavorful brew !!

POT BAND

BAND INSTRUMENTS:

These are just suggestions. You can be creative. Instruments should play softly so as not to overshadow the singers.

1. Dutch oven and large pot turned upside down. Play with hands like bongos.
2. Small pot which you hold and bang with a spatula.
3. Wash board "strummed" with your fingers.
4. Salt shaker partly filled with rice.
5. For teapot band - teapot. Hold teapot and gently bang lid up and down.
6. Bottles. Glass bottles filled with a particular amount of water will give you a tone as you blow across the top. Pick out some bass notes from your accompaniment and tune your bottles to those notes. Play them by blowing across the bottles at the appropriate time. Practice so you don't hyperventilate! Mark your water level and save your bottles for next time. A good size bottle is 32 oz. lemon juice or vinegar, but as small as 16 oz. will work.

USES:

Pot bands are very flexible. They can be used for programs with a theme/decor involving kitchen items, terra cotta pots, tea party, chapel potluck, hoe down, even Americana. For each of these you have a kitchen band, a pot band, a teapot band, etc. Dress accordingly. Wear denim, an apron, a frilly apron, overalls, whatever! The most important thing to remember is to have fun!

SONGS:

Pick songs to go with your program topic. The piano accompaniment should have a rollicking/calypso beat. Even a hymn can be "jazzed" up a little to use with a pot band. You may want to write your own words to the song to fit your program. Perhaps the all around best pot band song is "He's Still Workin' on Me." The accompaniment track is available in Christian bookstores.

TIPS:

Try to have at least four ladies in the band, five if you sing in parts because the person on bottles can't sing and blow at the same time. Use a solo or duet for the verses. Everyone will join in on the chorus singing and playing their instruments. Depending on the size of the room you may want to mike any soloists and possibly the bottles as well.